



Crossville Location:  
49 Cleveland St,  
Suite 220  
Crossville, TN 38555  
Main: 931-219-9990  
Fax: 931-717-1180

Oak Ridge Location  
700 S. Illinois Ave, Suite  
A104  
Oak Ridge, TN 37830  
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## ALLERGY HISTORY FORM

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

What are your main allergy symptoms and concerns? \_\_\_\_\_

Do you have any of these symptoms? (Please check all that apply)

- |                                           |                                                 |                                              |                                             |
|-------------------------------------------|-------------------------------------------------|----------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Nasal congestion | <input type="checkbox"/> Swollen lips or tongue | <input type="checkbox"/> Coughing            | <input type="checkbox"/> Ear pressure       |
| <input type="checkbox"/> Sneezing         | <input type="checkbox"/> Scratchy throat        | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Blocked ears       |
| <input type="checkbox"/> Runny nose       | <input type="checkbox"/> Itchy throat           | <input type="checkbox"/> Wheezing            | <input type="checkbox"/> Headaches          |
| <input type="checkbox"/> Hay fever        | <input type="checkbox"/> Post nasal drainage    | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Heart burn         |
| <input type="checkbox"/> Sinus infections | <input type="checkbox"/> Throat mucus/phlegm    | <input type="checkbox"/> Itchy skin          | <input type="checkbox"/> GERD (acid reflux) |
| <input type="checkbox"/> Itchy eyes       | <input type="checkbox"/> Throat clearing        | <input type="checkbox"/> Hives               | <input type="checkbox"/> Stomach bloating   |
| <input type="checkbox"/> Swollen eyes     | <input type="checkbox"/> Throat tightness       | <input type="checkbox"/> Skin rashes         | <input type="checkbox"/> Abdominal cramping |
| <input type="checkbox"/> Burning eyes     | <input type="checkbox"/> Swallowing difficulty  | <input type="checkbox"/> Eczema              | <input type="checkbox"/> Diarrhea           |
| <input type="checkbox"/> Mouth ulcers     | <input type="checkbox"/> Hoarseness             | <input type="checkbox"/> Itchy ears          |                                             |

Are your allergy symptoms:

Year round? Yes \_\_\_ No \_\_\_

Seasonal? Yes \_\_\_ No \_\_\_ If yes, which months? \_\_\_\_\_

Are your symptoms mostly indoors, outdoors, or both? \_\_\_\_\_

Any reactions around cats? \_\_\_\_\_ dogs? \_\_\_\_\_ other animals? \_\_\_\_\_

What medications have you tried for your allergy symptoms? \_\_\_\_\_

List all medications and supplements are you taking at the present time?

Have you had allergy skin or blood testing? Yes \_\_\_ No \_\_\_ If yes, when? \_\_\_\_\_



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What were the results? \_\_\_\_\_

Previous treatment with allergy shots? Yes\_\_\_ No\_\_\_

Previous treatment with allergy drops? Yes\_\_\_ No\_\_\_

List any FOOD allergies and reactions experienced:

\_\_\_\_\_  
\_\_\_\_\_

List any DRUG allergies and reactions experienced:

\_\_\_\_\_  
\_\_\_\_\_

List any CHEMICAL sensitivities and reactions experienced: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Are you a smoker? Yes\_\_\_ No\_\_\_ If yes, how much? \_\_\_\_\_

Any family members with allergies? Yes\_\_\_ No\_\_\_ Any with asthma? Yes\_\_\_ No\_\_\_